

A digital practice companion

## SOUND INDVATIONS

## **CREATIVE WARM-UPS**

Exercises for Intonation, Rhythm, Bowing, and Creativity

**INTERMEDIATE STRING ORCHESTRA** 

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## Sound Rhythms in Slow $\frac{3}{4}$ (counting in 3)

Dotted half notes/rests, half notes/rests, quarter notes/rests, eighth notes/rests

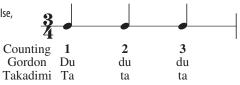
Three beats, pulses, or macro-beats to a measur

or macro-beat.

macro-beats to a measure.

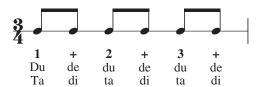
A = A quarter note receives one beat, pulse,

**A. PULSE/MACRO-BEAT DRONE** Quarter notes are the unit of pulse in  $\frac{3}{4}$  time.



**B. SUBDIVISION/MICRO-BEAT DRONE** 

Eighth notes are the unit of subdivision in  $\frac{3}{4}$  time.



■ 89-93

**QUARTER NOTES AND RESTS**—Say, clap, and play each two-bar pattern using a pitch, tempo, and dynamic given by your teacher while others play drone A or B. Play patterns A, B & C continuously as directed by your teacher.







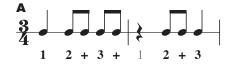
**HALF NOTES, DOTTED HALF NOTES, AND RESTS**—Say, clap, and play each two-bar pattern using a pitch, tempo, and dynamic given by your teacher while others play drone A or B. Play patterns A, B & C in a three-part round as directed by your teacher.







**EIGHTH NOTES AND RESTS**—Say, clap, and play each two-bar pattern using a pitch, tempo, and dynamic given by your teacher while others play drone A or B. Play patterns A, B & C while your stand partner plays patterns A, B & C from the previous line.







**DOTTED NOTES**—Say, clap, and play each two-bar pattern using a pitch, tempo, and dynamic given by your teacher while others play drone A or B. Play patterns A, B & C from the first four lines of the page continuously as directed by your teacher.







**RHYTHM EVALUATION**—Write in the rhythm syllables; then say, clap, and play the six-bar pattern using a pitch, tempo, and dynamic given by your teacher. Evaluate your performance using criteria developed with your teacher.

